

Santa Cruz County Board of Supervisors Proclamation

PROCLAIMING JULY 2025 AS "PARKS MAKE LIFE BETTER!" MONTH
IN SANTA CRUZ COUNTY

WHEREAS, Parks and Recreation services and programs promote health and wellness, improving the physical and mental health of people who live near parks; and

WHEREAS, Parks and Recreation departments promote time spent in nature, which positively impacts mental health by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorders, and Alzheimer's; and

WHEREAS, Parks and Recreation departments encourage physical activities by providing space for popular sports, hiking trails, swimming pools and many other activities designed to promote active lifestyles; and

WHEREAS, Parks and Recreation programming and education activities, such as afterschool and out-of-school time programming, youth sports and environmental education, are critical to childhood development; and

WHEREAS, Parks and Recreation services and programs are fundamental to the environmental well-being of our community, and they help to increase local economic prosperity by increasing tourism, aiding in the attraction and retention of businesses, helping to reduce crime, and increasing property values; and

WHEREAS, Parks and Recreation services are essential and adaptable infrastructure that makes our communities resilient in the face of natural disasters and climate change, and Parks and Recreation is fundamental to the environmental well-being of our community; and

WHEREAS, our parks and natural recreation areas ensure the ecological beauty of our community and provide a place for children and adults to connect with nature and recreate outdoors; and

WHEREAS, the U.S. House of Representatives has designated July as Parks and Recreation Month, and the California Parks and Recreation Society and the National Recreation and Park Association recognize July as Parks Make Life Better and Park and Recreation Month.

NOW, THEREFORE, I, Felipe Hernandez, Chair of the Santa Cruz County Board of Supervisors, hereby proclaim the month of July 2025 as "Parks Make Life Better!" Month in Santa Cruz County.




Chairperson, Board of Supervisors

June 17, 2025
Date