

From: [Richard Gallo](#)
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[Californians Receiving In-Home Care Fear Medicaid Cuts Will Spell End to Independent Living - KFF Health News](#)

Mental Wellness is possible

With regards,

Richard Gallo
(Pronouns: He/His/Him)
Mental Health Advocacy
Consulting and Training LLC

Peer Voices United-Sacramento
Director

[Sacramento - Peer Voices United](#)

Self-Advocate Speakers Bureau (SASB)
Disability Voices United
[Self-Advocate Speakers | Disability Voices United](#)

Story Stitch Facilitator
Green Card Voices
[Home - Green Card Voices](#)

NAMI Smarts Teacher
NAMI Smarts Advocacy
NAMI California

Adult-Mental Health First Aid USA (MHFA)
National Council for Mental Well Being
Certification October 13, 2023-October 13, 2026

Youth-Mental Health First Aid USA (MHFA)
National Council for Mental Well Being
Certification January 29, 2025-January 29, 2028

Certified California MediCal Peer Support Specialist
CalMESA #MPSS-VSYKTZ

State Ambassador/Bay Area Region Ambassador
ACCESS California, a program of CAL VOICES
[ACCESS California | Mental Health Advocacy | Home](#)

Secretary of the California Association of Peer
Professionals (CAPP):
[Peer Support | California Association of Peer
Professionals | California](#)

Board member
Cal Voices
[Cal Voices | Peer Support | California](#)

RUN member/Ally (Volunteer)
Residents United Network (RUN)
Housing California
[Residents United Network - Housing California](#)

Miracle Friend (Volunteer)
Miracle Messages
<https://www.miraclemessages.org/>